

Name: _____

Unit: _____

Cadet Music Proficiency Level Basic

Flute

FLUTE PROFICIENCY LEVEL MUSIC

	List	Title	Book	Page
Basic Level	1.	Western Portrait	Best in Class – Flute	19
	2.	Austrian Melody	Best in Class – Flute	24
	3.	The Minstrel Boy	Best in Class – Flute	28
	4.	Ode to Joy	Best in Class – Flute	10
	5.	God Save the Queen (America)	Best in Class – Flute	18
	6.	Scarborough Fair	Best in Class – Flute	29
Level One	1.	America the Beautiful	Rubank Elementary Method – Flute	45
	2.	Old Folks at Home	Rubank Elementary Method – Flute	46
	3.	Believe Me if All Those Endearing Young Charms	Rubank Elementary Method – Flute	43
B	1.	Gavotte	Rubank Elementary Method – Flute	45
	2.	Come Back to Erin	Rubank Elementary Method – Flute	46
	3.	Welsh Folk Song	Rubank Elementary Method – Flute	48
A	1.	Summer Evening	Rubank Intermediate Method – Flute	9
	2.	Laendler	Rubank Intermediate Method – Flute	37
	3.	Then You'll Remember Me	Rubank Intermediate Method – Flute	34
B	1.	Duet Brillante	Rubank Intermediate Method – Flute	48
	2.	Sharpshooters March	Rubank Intermediate Method – Flute	24
	3.	Gavotte	Rubank Advanced Method Vol. 1 – Flute	68
Level Three	1.	The Swan	Rubank Advanced Method Vol. 1 – Flute	67
	2.	Saeterjentens Sondag	Rubank Advanced Method Vol. 1 – Flute	69
	3.	Romance	Rubank Advanced Method Vol. 1 – Flute	71
B	1.	Gavotte	Rubank Advanced Method Vol. 1 – Flute	46
	2.	Menuet	Rubank Advanced Method Vol. 1 – Flute	70
	3.	Serenade	Rubank Advanced Method Vol. 1 – Flute	72
A	1.	By the Brook	Rubank Advanced Method Vol. 2 – Flute	78
	2.	Rustic Dance	Rubank Advanced Method Vol. 2 – Flute	32
B	1.	Siciliano	Rubank Advanced Method Vol. 2 – Flute	80
	2.	Largo	Rubank Advanced Method Vol. 2 – Flute	76
A	1.	Andalouse	Concert and Contests – Flute	10
	2.	Menuet and Spirit Dance (Except Trio)	Concert and Contests – Flute	16
B	1.	Polonase and Badinerie	Concert and Contests – Flute	18
	2.	Scherzino	Concert and Contests – Flute	6

WESTERN PORTRAIT

Root/Pearson

Solo

Piano

f *p* *f*

p 1. 2.

117. AUSTRIAN MELODY

Franz Joseph Haydn

136. THE MINSTREL BOY

Folk Song

37. ODE TO JOY

Ludwig van Beethoven

★ Are you playing with a good hand position?

86. AMERICA

Henry Carey

★ Are you using plenty of air?

138. SCARBOROUGH FAIR

English Folk Song

PO 013W – MAINTAIN A PRIMARY WOODWIND INSTRUMENT

1. **Performance.** Maintain a Primary Woodwind Instrument.
2. **Conditions**
 - a. Given:
 - (1) Primary instrument,
 - (2) Basic instrument cleaning supplies,
 - (3) Supervision, and
 - (4) Assistance as required.
 - b. Denied: N/A.
 - c. Environmental: A quiet room free from distractions.
3. **Standard.** The cadet will:
 - a. maintain a primary woodwind instrument by:
 - (1) greasing cork joints;
 - (2) putting the instrument together;
 - (3) taking the instrument apart;
 - (4) swabbing the instrument; and
 - (5) storing the instrument; and
 - b. describe selecting and taking care of the reed, to include:
 - (1) recognizing when to replace a reed; and
 - (2) storing the reed correctly.
4. **Remarks**
 - a. Paragraph 3b does not apply to flute players.
 - b. This PO applies only to the instrument on which the cadet is trying to obtain a music proficiency level qualification.

PO 016 – DEMONSTRATE RHYTHM SKILLS

1. **Performance.** Demonstrate Rhythm Skills.
2. **Conditions**
 - a. Given:
 - (1) Level Basic rhythm sheet, and
 - (2) Supervision.
 - b. Denied: Assistance.
 - c. Environmental: A quiet room with adequate lighting and free from distractions.
3. **Standard.** The cadet will demonstrate rhythm skills by singing, clapping, tapping or counting Level Basic rhythms while respecting a steady tempo.
4. **Remarks**
 - a. The cadet will be given time to practice the Level Basic rhythm sheet before the assessment.
 - b. Level Basic Rhythm Sheet is found in [Annex A, Appendix 1](#).

SCALE REQUIREMENTS BY INSTRUMENT

FLUTE

MPL BASIC	Major	B \flat											
	Harmonic Minor	Nil.											
	Melodic Minor	Nil.											
	Chromatic	Nil.											
	Articulation	All slurred or all tongued.									M.M. ♩ = 60 in ♩		
MPL ONE	Major	F	B \flat	E \flat									
	Harmonic Minor	D	G	C									
	Melodic Minor	Nil.											
	Chromatic	B \flat chromatic											
	Articulation	All slurred and all tongued.									M.M. ♩ = 66 in ♩		
MPL TWO	Major	C	F	B \flat	E \flat	A \flat							
	Harmonic Minor	A	D	G	C	F							
	Melodic Minor	Nil.											
	Chromatic	C chromatic											
	Articulation	All slurred and all tongued.									M.M. ♩ = 72 in ♩		
MPL THREE	Major	C*	F*	B \flat	E \flat *	A \flat	D \flat /C#*	G					
	Harmonic Minor	A	D*	G	C*	F*	B \flat /A#	E*					
	Melodic Minor	A	D*	G	C*	F*	B \flat /A#	E*					
	Chromatic	D chromatic*											
	Articulation	All slurred; all tongued; slur 2 tongue 2; tongue 2 slur 2.									M.M. ♩ = 60 in ♩		
MPL FOUR	Major	C*	F*	B \flat	E \flat *	A \flat	D \flat /C#*	G \flat /F#	G	D*	A		
	Harmonic Minor	A	D*	G	C*	F*	B \flat /A#	E \flat /D#*	E*	B	F#		
	Melodic Minor	A	D*	G	C*	F*	B \flat /A#	E \flat /D#*	E*	B	F#		
	Chromatic	E chromatic*											
	Articulation	All slurred; all tongued; slur 2 tongue 2; tongue 2 slur 2.									M.M. ♩ = 72 in ♩		
MPL FIVE	Major	C*	F*	B \flat	E \flat *	A \flat *	D \flat /C#*	G \flat /F#*	C \flat /B	G*	D*	A*	E*
	Harmonic Minor	A*	D*	G*	C*	F*	B \flat /A#	E \flat /D#*	A \flat /G#*	E*	B	F#*	C#*
	Melodic Minor	A*	D*	G*	C*	F*	B \flat /A#	E \flat /D#*	A \flat /G#*	E*	B	F#*	C#*
	Chromatic	F chromatic*											
	Articulation	All slurred; all tongued; slur 2 tongue 2; tongue 2 slur 2.									M.M. ♩ = 80 in ♩		

Scales marked * are to be played two octaves.

Flute
Level Basic

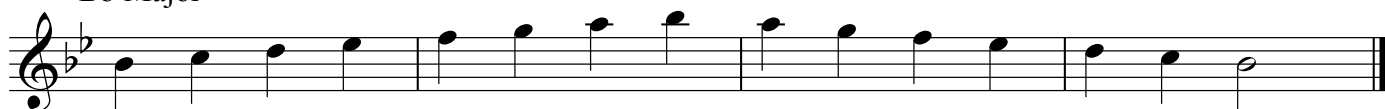
♩ = 60

F Major



OR

Bb Major



Advantage

Fingerings



Legend:
 Open ○
 Pressed ●
 Alternate Fingerings (blue box)

Notes	Flute Diagram
C	[Diagram showing all keys open]
C# D ^b	[Diagram showing C# key pressed, D ^b key pressed]
D	[Diagram showing all keys open]
D# E ^b	[Diagram showing D# key pressed, E ^b key pressed]
E	[Diagram showing all keys open]
F	[Diagram showing all keys open]
F# G ^b	[Diagram showing F# key pressed, G ^b key pressed]
G	[Diagram showing all keys open]
G# A ^b	[Diagram showing G# key pressed, A ^b key pressed]
A	[Diagram showing all keys open]
A# B ^b	[Diagram showing A# key pressed, B ^b key pressed]

The following products are recommended for complete care of your instrument:
 Cleaning Gauze · Cork Grease · Flute Cleaning Rod · Key Oil · Linen Swab · Pad Cleaning Paper · Polishing Cloth · Tone Hole Cleaner



<p>B</p>	<p>C</p>	<p>C# D^b</p>	<p>D</p>
<p>D# E^b</p>	<p>D</p>	<p>D# E^b</p>	<p>E</p>
<p>F</p>	<p>F# G^b</p>	<p>G</p>	

