

Name: \_\_\_\_\_

Unit: \_\_\_\_\_

# **Cadet Music Proficiency Level One**

## **Flute**

**FLUTE PROFICIENCY LEVEL MUSIC**

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	1.	Polonase and Badinerie	Concert and Contests – Flute	18
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# America the Beautiful

SAMUEL A. WARD

Cantabile

1st *mf*

2nd

## Believe Me, If All Those Endearing Young Charms

MOORE

Dolce

1st *mf*

2nd

# Old Folks at Home

(Swanee River)

STEPHEN C. FOSTER

Expressivo

1st

mf

2nd

The musical score is written for two piano parts. The first part, labeled '1st', is marked 'Expressivo' and features a melodic line with eighth-note patterns and slurs. The second part, labeled '2nd', is marked 'mf' and provides a harmonic accompaniment with a steady eighth-note bass line. The score is organized into four systems, each with two staves. The first system includes the '1st' and '2nd' labels. The music is in 2/4 time and B-flat major. The piece concludes with a double bar line at the end of the fourth system.

# Gavotte

GOSSEC

Allegretto

1st

2nd

*p con grazia*

*p*

*mf*

*f*

The score for 'Gavotte' by Gossec is written for two staves, labeled '1st' and '2nd'. It is in the key of D major (two sharps) and common time (C). The tempo is marked 'Allegretto'. The first system shows the beginning of the piece with a piano (*p*) dynamic and the instruction 'con grazia'. The second system features a repeat sign and a piano (*p*) dynamic. The third system includes a forte (*f*) dynamic and a mezzo-forte (*mf*) dynamic. The piece concludes with a double bar line.

# Come Back to Erin

BARNARD

Moderato

*mp*

The score for 'Come Back to Erin' by Barnard is written for a single staff. It is in the key of D major (two sharps) and common time (C). The tempo is marked 'Moderato'. The piece begins with a mezzo-piano (*mp*) dynamic. The score consists of four staves of music, ending with a double bar line.

# Welsh Folk Song

The musical score is titled "Welsh Folk Song" and is arranged for piano and first violin. It consists of three systems of music. The first system includes a first violin part (labeled "1st") and a piano accompaniment (labeled "2nd"). The tempo is marked "Lively" and the dynamic is "mf". The second system is a piano accompaniment marked "a tempo". The third system is a piano accompaniment marked "rit". The key signature is one sharp (F#) and the time signature is 3/4. The score concludes with a double bar line and repeat dots.

1st

Lively

*mf*

*rit*

2nd

*a tempo*

*rit*

**PO 113W – MAINTAIN A PRIMARY WOODWIND INSTRUMENT**

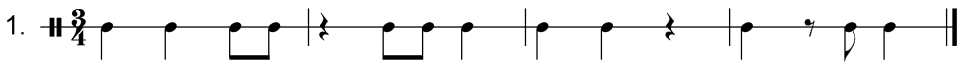
1. **Performance.** Maintain a Primary Woodwind Instrument.
2. **Conditions**
  - a. Given:
    - (1) Primary instrument,
    - (2) Supervision, and
    - (3) Assistance as required.
  - b. Denied: N/A.
  - c. Environmental: A quiet room free from distractions.
3. **Standard.** The cadet will maintain a primary woodwind instrument by cleaning the exterior of the instrument with a cloth.
4. **Remarks.** This PO applies only to the instrument on which the cadet is trying to obtain a cadet musician level qualification.


**PO 116 – DEMONSTRATE RHYTHM SKILLS**

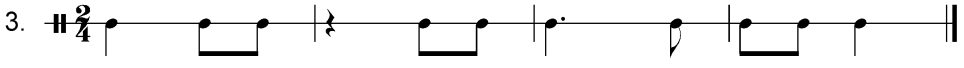
1. **Performance.** Demonstrate Rhythm Skills.
2. **Conditions**
  - a. Given:
    - (1) Level One rhythm sheet, and
    - (2) Supervision.
  - b. Denied: Assistance.
  - c. Environmental: A quiet room with adequate lighting and free from distractions.
3. **Standard.** The cadet will demonstrate rhythm skills by singing, clapping, tapping or counting Level One rhythms while respecting a steady tempo.
4. **Remarks**
  - a. The cadet will be given time to practice the Level One rhythm sheet before the assessment.
  - b. Level One Rhythm Sheet is found in [Annex A, Appendix 2](#).

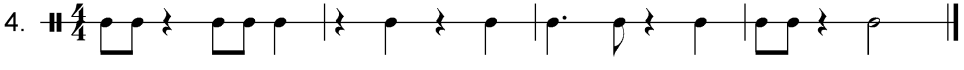


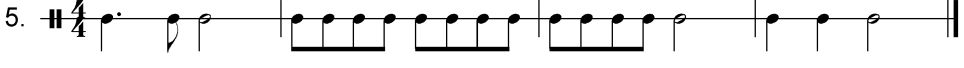
LEVEL ONE RHYTHM SHEET

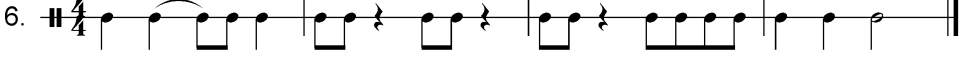
1.  $\# \frac{3}{4}$  

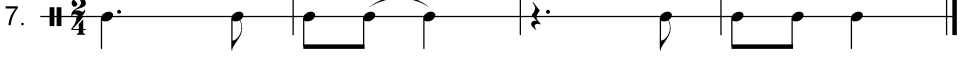
2.  $\# \frac{4}{4}$  

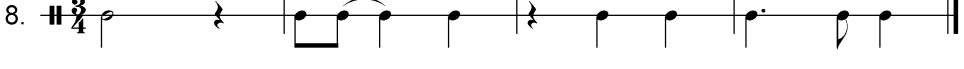
3.  $\# \frac{2}{4}$  

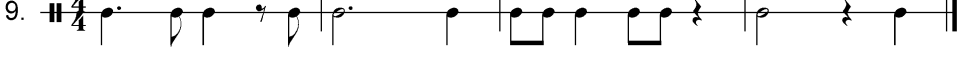
4.  $\# \frac{4}{4}$  

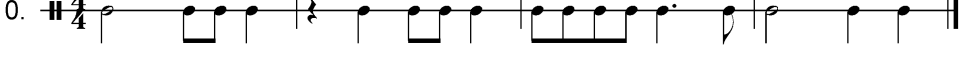
5.  $\# \frac{4}{4}$  

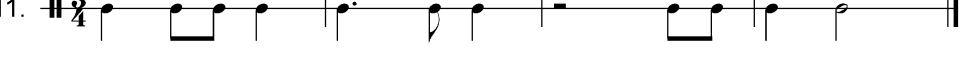
6.  $\# \frac{4}{4}$  

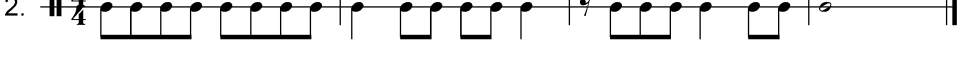
7.  $\# \frac{2}{4}$  

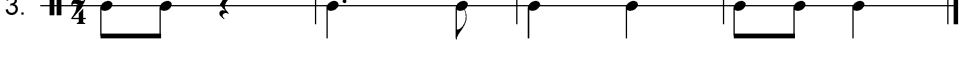
8.  $\# \frac{3}{4}$  

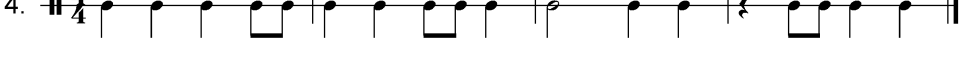
9.  $\# \frac{4}{4}$  

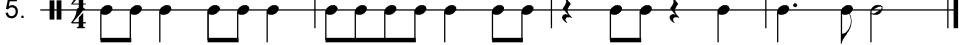
10.  $\# \frac{4}{4}$  

11.  $\# \frac{3}{4}$  

12.  $\# \frac{4}{4}$  

13.  $\# \frac{2}{4}$  

14.  $\# \frac{4}{4}$  

15.  $\# \frac{4}{4}$  

**PO 118 – SIGHT-READ MUSIC**

1. **Performance.** Sight-Read Music.
2. **Conditions**
  - a. Given:
    - (1) Primary instrument,
    - (2) Music stand,
    - (3) Metronome,
    - (4) Level One sight-reading music,
    - (5) Supervision, and
    - (6) Assistance as required.
  - b. Denied: N/A.
  - c. Environmental: A quiet room with adequate lighting and free from distractions.
3. **Standard.** The cadet will sight-read music observing:
  - a. rhythm,
  - b. a steady tempo,
  - c. pitch, and
  - d. musical flow.
4. **Remarks**
  - a. Assistance given is in the form of guiding questions limited to:
    - (1) What is the time signature? How many beats in a measure? Which note value gets the beat?
    - (2) How many sharps/flats are in the key signature? Which notes are sharp/flat?
    - (3) Which accidentals do you see? What are the fingerings for those notes?
    - (4) Can you clap the rhythm?
  - b. The music will be a maximum of 16 measures in length and minimum of four measures.
  - c. The music will not exceed the technical requirements for Level Basic.
  - d. A brief period of time will be given prior to playing for the cadet to examine the music.

**SCALE REQUIREMENTS BY INSTRUMENT**

**FLUTE**

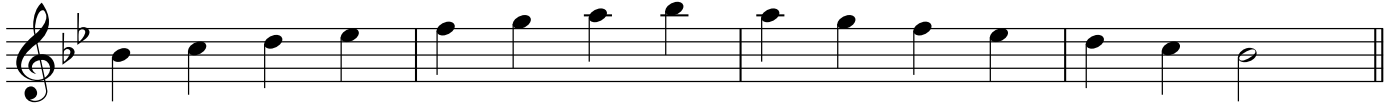
<b>MPL BASIC</b>	Major	B $\flat$											
	Harmonic Minor	Nil.											
	Melodic Minor	Nil.											
	Chromatic	Nil.											
	Articulation	All slurred or all tongued.									M.M. ♩ = 60 in ♩		
<b>MPL ONE</b>	Major	F	B $\flat$	E $\flat$									
	Harmonic Minor	D	G	C									
	Melodic Minor	Nil.											
	Chromatic	B $\flat$ chromatic											
	Articulation	All slurred and all tongued.									M.M. ♩ = 66 in ♩		
<b>MPL TWO</b>	Major	C	F	B $\flat$	E $\flat$	A $\flat$							
	Harmonic Minor	A	D	G	C	F							
	Melodic Minor	Nil.											
	Chromatic	C chromatic											
	Articulation	All slurred and all tongued.									M.M. ♩ = 72 in ♩		
<b>MPL THREE</b>	Major	C*	F*	B $\flat$	E $\flat$ *	A $\flat$	D $\flat$ /C#*	G					
	Harmonic Minor	A	D*	G	C*	F*	B $\flat$ /A#	E*					
	Melodic Minor	A	D*	G	C*	F*	B $\flat$ /A#	E*					
	Chromatic	D chromatic*											
	Articulation	All slurred; all tongued; slur 2 tongue 2; tongue 2 slur 2.									M.M. ♩ = 60 in ♩		
<b>MPL FOUR</b>	Major	C*	F*	B $\flat$	E $\flat$ *	A $\flat$	D $\flat$ /C#*	G $\flat$ /F#	G	D*	A		
	Harmonic Minor	A	D*	G	C*	F*	B $\flat$ /A#	E $\flat$ /D#*	E*	B	F#		
	Melodic Minor	A	D*	G	C*	F*	B $\flat$ /A#	E $\flat$ /D#*	E*	B	F#		
	Chromatic	E chromatic*											
	Articulation	All slurred; all tongued; slur 2 tongue 2; tongue 2 slur 2.									M.M. ♩ = 72 in ♩		
<b>MPL FIVE</b>	Major	C*	F*	B $\flat$	E $\flat$ *	A $\flat$ *	D $\flat$ /C#*	G $\flat$ /F#*	C $\flat$ /B	G*	D*	A*	E*
	Harmonic Minor	A*	D*	G*	C*	F*	B $\flat$ /A#	E $\flat$ /D#*	A $\flat$ /G#*	E*	B	F#*	C#*
	Melodic Minor	A*	D*	G*	C*	F*	B $\flat$ /A#	E $\flat$ /D#*	A $\flat$ /G#*	E*	B	F#*	C#*
	Chromatic	F chromatic*											
	Articulation	All slurred; all tongued; slur 2 tongue 2; tongue 2 slur 2.									M.M. ♩ = 80 in ♩		

Scales marked \* are to be played two octaves.

Flute  
Level One

♩ = 66

Bb Major



F Major



Eb Major



D Harmonic Minor



G Harmonic Minor



C Harmonic Minor



Bb Chromatic



Advantage

Fingerings



Open ○  
 Pressed ●  
 Alternate Fingerings

C                      C# D<sup>b</sup>                      D

D# E<sup>b</sup>                      E                      F                      F# G<sup>b</sup>

G                      G# A<sup>b</sup>                      A                      A# B<sup>b</sup>

The following products are recommended for complete care of your instrument:  
 Cleaning Gauze · Cork Grease · Flute Cleaning Rod · Key Oil · Linen Swab · Pad Cleaning Paper · Polishing Cloth · Tone Hole Cleaner



<p>B</p>	<p>C</p>	<p>C# D<sup>b</sup></p>	<p>D</p>
<p>D# E<sup>b</sup></p>	<p>D</p>	<p>D# E<sup>b</sup></p>	<p>E</p>
<p>F</p>	<p>F# G<sup>b</sup></p>	<p>G</p>	

Below each musical notation is a diagram of the flute with the corresponding keys highlighted in blue to show the fingering for each note.

